

Top Notch 2 Unit 7 Listening File PDF

top notch 2 unit 7 listening is an essential component for students aiming to excel in their English language learning journey. As part of the Top Notch 2 series, Unit 7 focuses heavily on developing advanced listening skills, enabling learners to understand diverse accents, grasp main ideas and details, and improve their overall comprehension. This article provides a comprehensive guide to mastering the Unit 7 listening exercises, offering strategies, tips, and resources to help students maximize their learning outcomes.

Understanding the Importance of Listening in Top Notch 2 Unit 7

Listening is a foundational skill in language acquisition, especially in a communicative language learning context like Top Notch 2. Unit 7's listening tasks are designed to emulate real-life situations, such as conversations, interviews, and presentations, which require learners to listen actively and interpret meaning accurately.

Why Focus on Listening Skills?

- Enhances overall language proficiency
- Improves pronunciation and intonation recognition
- Builds confidence in understanding spoken English
- Prepares students for real-world communication scenarios

Components of Top Notch 2 Unit 7 Listening Exercises

Unit 7's listening activities are diverse, aiming to develop multiple listening sub-skills:

1. Listening for Main Ideas

Students learn to identify the central theme or purpose of a conversation or talk.

2. Listening for Specific Details

Focuses on extracting particular pieces of information, such as dates, names, or facts.

3. Inferring Meaning

Encourages understanding implied messages, tone, and attitudes.

4. Recognizing Different Accents and Speech Styles

Prepares learners for the variety of English accents encountered in real life.

Effective Strategies for Mastering Unit 7 Listening

Achieving excellence in the Unit 7 listening exercises requires strategic preparation and active engagement.

Pre-Listening Preparation

Before listening, students should:

- Preview the questions or tasks to understand what to focus on
- Learn key vocabulary related to the topic
- Activate prior knowledge about the subject matter
- Predict possible content and language used

While-Listening Techniques

During the listening process, learners should:

- Listen actively without trying to understand every word
- Take notes to jot down key points and details
- Pause and replay sections as needed for clarity
- Pay attention to tone, pitch, and stress to interpret meaning

Post-Listening Activities

After listening, students can:

- Answer comprehension questions to check understanding
- Summarize the content in their own words
- Discuss the listening material with peers
- Identify areas of difficulty for focused practice

Common Challenges in Top Notch 2 Unit 7 Listening and How to Overcome Them

While engaging with Unit 7 listening exercises, learners often face certain obstacles:

1. Accents and Pronunciation Variations

Solution: Expose yourself to diverse English accents through online resources, podcasts, and videos.

2. Fast Speech and Reduced Forms

Solution: Practice listening to native speakers at natural speeds using authentic materials, and gradually increase difficulty.

3. Vocabulary Gaps

Solution: Regularly review vocabulary related to the unit's themes to improve comprehension.

4. Distracted Listening

Solution: Create distraction-free environments and focus exercises to enhance concentration.

Resources to Enhance Top Notch 2 Unit 7 Listening Practice

Utilizing the right materials can significantly improve listening skills. Here are some recommended resources:

- **Audio CDs and Online Audio Files:** The official Top Notch 2 materials include audio components tailored for Unit 7.
- **Podcasts:** Listen to English podcasts on topics similar to Unit 7 themes for exposure to natural speech.
- **Videos:** YouTube channels like BBC Learning English or TED Talks offer diverse listening opportunities.
- **Language Apps:** Apps like Duolingo, LingQ, or FluentU provide interactive listening exercises.
- **Practice Tests:** Use mock tests and quizzes to simulate exam conditions and track progress.

Tips for Self-Assessment and Tracking Progress

Monitoring your progress is crucial. Here are some ways to evaluate your listening skills:

- Keep a listening journal to record new vocabulary and insights.

- Set specific goals, such as understanding 80% of a recording without subtitles.
- Use apps and online quizzes to test comprehension regularly.
- Seek feedback from teachers or language partners.

Integrating Listening Practice into Overall Language Learning

While focusing on Unit 7, it's vital to integrate listening practice with other skills:

Reading and Listening

- Read transcripts or related texts to reinforce understanding.

Speaking

- Practice discussing listening topics aloud to improve fluency.

Writing

- Write summaries or reflections based on listening materials.

Conclusion

Mastering the **top notch 2 unit 7 listening** exercises is a critical step toward achieving fluency and confidence in English. By understanding the components of the listening tasks, applying effective strategies, utilizing diverse resources, and regularly assessing progress, learners can significantly enhance their listening comprehension. Remember, consistency and active engagement are key. Embrace the variety of listening materials available, stay patient through challenges, and celebrate your improvements along the way. With dedication, you'll find yourself better equipped to understand spoken English in all its forms, making your language learning journey both rewarding and successful.

Top Notch 2 Unit 7 Listening: An In-Depth Review and Guide

Introduction

Language learning, particularly in developing listening skills, remains a cornerstone of mastering English as a second language. Among the myriad of resources available, Top Notch 2 Unit 7 Listening stands out as a highly effective and engaging component designed to advance learners?

comprehension abilities. This review delves deeply into the features, content, pedagogical strategies, and effectiveness of this unit, providing educators and learners with comprehensive insights to maximize its potential.

Overview of Top Notch 2 Unit 7 Listening

What is Top Notch 2?

Top Notch 2 is an intermediate-level ESL (English as a Second Language) textbook series published by Pearson. It is widely used in classrooms worldwide for its practical approach, emphasis on real-life communication, and balanced focus on listening, speaking, reading, and writing skills.

Focus of Unit 7

Unit 7 typically revolves around a theme relevant to daily life or current social topics, such as "Travel and Tourism," "Cultural Experiences," or "Hobbies and Free Time." The listening component introduces learners to authentic accents, idiomatic expressions, and conversational strategies aligned with the unit's theme.

Structure of the Listening Section

Types of Listening Activities

Top Notch 2 Unit 7 includes a variety of listening tasks designed to engage different skills:

- Pre-listening Activities: Vocabulary preview, discussion questions, and predictions.
- While-listening Tasks: Multiple-choice questions, fill-in-the-blank exercises, and matching activities.
- Post-listening Activities: Comprehension questions, discussions, and role-plays.

Authentic and Varied Audio Materials

The audio recordings feature:

- Authentic conversations between native speakers.
- Recorded interviews with real individuals sharing personal experiences.
- Narrative stories that provide contextually rich listening practice.
- Dialogues incorporating idiomatic expressions and slang relevant to the theme.

Length and Pace

The recordings are typically 3-5 minutes long, with a clear and moderate pace suitable for intermediate learners, enabling them to develop confidence and improve their ability to follow spoken English in real-world contexts.

Pedagogical Strategies and Content Deep Dive

Engagement Through Contextualization

The listening activities are designed to:

- Activate prior knowledge through pre-listening questions.
- Build anticipation with predictions about the content.
- Encourage personal connections to the material, fostering motivation.

Vocabulary and Language Focus

Each unit highlights key vocabulary and expressions, which are reinforced during listening:

- Theme-specific vocabulary (e.g., "sightseeing," "tourist attractions," "local cuisine").
- Idiomatic expressions that enhance natural language understanding.
- Pronunciation features such as intonation, stress, and connected speech.

Listening Strategies Taught

Top Notch 2 emphasizes teaching learners practical strategies:

- Predictive skills: Guess content based on context clues.
- Listening for gist: Understanding the main idea.
- Listening for detail: Identifying specific information.
- Inference skills: Reading between the lines to grasp implied meanings.
- Note-taking: Jotting down key points for better retention.

Effectiveness and Learner Benefits

Improving Comprehension Skills

The unit's design ensures learners:

- Develop the ability to understand various accents and speech rates.
- Gain confidence in processing authentic spoken English.
- Learn to identify main ideas and supporting details efficiently.

Enhancing Cultural Awareness

Authentic audio materials introduce learners to diverse cultural norms, idiomatic expressions, and regional pronunciation, enriching their intercultural competence.

Building Confidence

Repeated exposure to real-life listening tasks fosters confidence, reducing anxiety associated with understanding spoken English in real-world situations.

Preparing for Real-Life Situations

The dialogues and interviews simulate everyday interactions such as:

- Asking for directions.
- Making reservations.
- Discussing travel plans.
- Sharing personal experiences.

This practical focus prepares learners for travel, work, and social interactions.

Tips for Maximizing the Benefits of Top Notch 2 Unit 7 Listening

Pre-Listening Preparation

- Review vocabulary beforehand.
- Predict possible content based on the title and pictures.
- Discuss related personal experiences or opinions.

Active Listening During the Audio

- Focus on understanding the main idea first.
- Take notes on key details.
- Pause and replay segments if necessary.
- Use visual aids or transcripts if available.

Post-Listening Strategies

- Summarize what was heard.
- Answer comprehension questions without looking at notes.
- Discuss the content with peers.
- Practice using new vocabulary and expressions in speech or writing.

Additional Practice

- Listen multiple times to improve familiarity.
- Use supplementary resources like podcasts, videos, or real conversations on similar topics.
- Record oneself attempting similar dialogues or narrations.

Common Challenges and How to Overcome Them

Accents and Dialects

Challenge: Learners often struggle with various accents (British, American, Australian).

Solution: Exposure to diverse audio materials and practicing with transcripts helps acclimate the ear to different pronunciations.

Fast Speech and Connected Speech

Challenge: Natural speech involves contractions, linking, and reduced forms.

Solution: Focused practice on these features improves understanding; listening to slowed-down versions initially can help.

Vocabulary Gaps

Challenge: Unknown words hinder comprehension.

Solution: Active vocabulary building and context clues are essential. Encourage learners to infer

meaning from context and verify afterward.

Distractions and Multitasking

Challenge: External distractions can impede focus.

Solution: Practice in quiet environments, and develop concentration techniques.

Complementary Resources and Activities

Supplementary Materials

- Online listening platforms: BBC Learning English, VOA Learning English.
- Podcasts and videos: For varied accents and contexts.
- Language exchange programs: Practicing with native speakers.

Classroom Activities

- Role-plays: Reenacting dialogues from the unit.
- Group discussions: Sharing personal travel stories related to the theme.
- Listening journals: Reflecting on what was learned and challenges faced.

Conclusion

Top Notch 2 Unit 7 Listening is a well-structured, authentic, and pedagogically sound resource that significantly enhances learners' listening skills. Its blend of authentic audio, strategic exercises, and cultural content offers a comprehensive approach suited for intermediate ESL students. When used effectively, it not only improves comprehension but also builds confidence, cultural awareness, and practical language skills essential for real-life communication.

For educators, integrating this unit into their curriculum provides a dynamic way to engage students and develop their listening prowess. For learners, active participation and strategic practice with this resource can lead to marked improvements in understanding spoken English, preparing them for academic, travel, and social interactions across diverse contexts.

Final Recommendations

- Use the listening activities regularly, not just once.

- Combine audio practice with speaking and writing exercises.
- Encourage active note-taking and prediction skills.
- Supplement with authentic content to broaden exposure.
- Foster a supportive environment where learners feel comfortable making mistakes and practicing listening skills.

By embracing these strategies, learners can unlock the full potential of Top Notch 2 Unit 7 Listening, making it a pivotal part of their language acquisition journey.

QuestionAnswer What is the main focus of the listening activity in Top Notch 2 Unit 7? The main focus is on understanding conversations related to travel plans and expressing preferences about destinations and activities. What types of vocabulary are emphasized in the Unit 7 listening exercises? The listening emphasizes travel-related vocabulary such as booking hotels, transportation, sightseeing, and common expressions for giving directions. How can students improve their listening comprehension for Top Notch 2 Unit 7? Students can improve by practicing active listening, taking notes during the audio, and repeating the exercises to familiarize themselves with common phrases and structures. Are there specific accents or dialects featured in the Unit 7 listening activities? Yes, the listening activities primarily feature American and British English accents to prepare students for diverse real-world conversations. What skills are developed through the listening tasks in Unit 7? The tasks help develop skills such as understanding main ideas, identifying specific details, making inferences, and practicing note-taking during conversations. Do the listening exercises in Unit 7 include both dialogues and monologues? Yes, the exercises include both dialogues and monologues to enhance comprehension of different spoken formats. What tips are recommended for effectively completing the listening exercises in Top Notch 2 Unit 7? Tips include previewing the questions before listening, focusing on keywords, listening actively without pausing excessively, and reviewing answers afterward for better understanding.

Related keywords: Top Notch 2, Unit 7, listening, English learning, language skills, audio practice, comprehension, ESL, classroom activities, conversation skills

The Lost Art Of Listening Second Edition How Lear

the lost art of listening second edition how lear: Rediscovering the Power of Genuine Connection

In an era dominated by instant communication and digital distractions, the art of listening has become a rarity rather than a common practice. The phrase **the lost art of listening second edition how lear** encapsulates a critical exploration into how listening profoundly impacts our

relationships, personal growth, and professional success. This article delves into the insights offered by the second edition of "The Lost Art of Listening," authored by Michael P. Nichols, and explores actionable strategies to enhance your listening skills, fostering deeper understanding and connection in all areas of life.

Understanding the Significance of Listening

Why Listening Matters

Listening is more than simply hearing words; it is an active process that requires focus, empathy, and patience. Effective listening:

- Builds trust and rapport
- Reduces misunderstandings and conflicts
- Enhances problem-solving abilities
- Facilitates emotional intimacy
- Promotes personal and professional growth

Despite these benefits, many individuals struggle to listen attentively due to various barriers, including distractions, preconceived notions, or emotional reactions.

The Evolution of Listening: From Past to Present

Historically, listening was considered a vital skill in interpersonal communication. However, the advent of technology and the fast-paced nature of modern life have shifted focus towards speaking and multitasking, often at the expense of genuine listening. The second edition of "The Lost Art of Listening" revisits these issues and emphasizes the importance of reclaiming this essential skill.

Key Concepts from the Second Edition

1. The Different Types of Listening

Understanding the various forms of listening helps us become more conscious of our habits. These include:

- Passive Listening: Hearing words without processing or engagement.
- Active Listening: Fully concentrating, understanding, responding, and remembering what is being said.
- Reflective Listening: Paraphrasing or summarizing to ensure understanding.

- Empathic Listening: Sensing the speaker's feelings and perspectives.

The second edition underscores the importance of moving beyond passive listening to develop active and empathic listening skills.

2. Barriers to Effective Listening

Several obstacles hinder our ability to listen attentively, such as:

- Distractions: External noise, multitasking, or internal preoccupations.
- Preconceived Notions: Judging or assuming before fully understanding.
- Emotional Reactions: Defensive responses or emotional triggers.
- Fatigue or Stress: Physical or mental exhaustion impairing focus.

Recognizing these barriers is the first step toward overcoming them.

3. The Role of Empathy in Listening

Empathy is at the core of meaningful listening. It involves:

- Fully immersing oneself in the speaker's experience
- Avoiding judgments or interruptions
- Validating feelings and perspectives

The second edition emphasizes that empathetic listening fosters trust and deepens relationships.

Strategies to Reclaim the Lost Art of Listening

1. Cultivate Mindfulness

Mindfulness enhances your ability to stay present during conversations. Tips include:

- Paying close attention to your surroundings and internal thoughts
- Noticing when your mind drifts and gently refocusing
- Practicing meditation to improve concentration

2. Practice Active and Reflective Listening

Active listening involves:

- Nodding or using verbal affirmations like "I see" or "Go on"
- Paraphrasing what the speaker says, e.g., "What I hear you saying is..."
- Asking open-ended questions to encourage elaboration

Reflective listening ensures understanding and demonstrates genuine interest.

3. Develop Empathy

To listen empathically:

- Suspend judgment
- Recognize and validate emotions
- Imagine yourself in the speaker's position

Exercises to build empathy include role-playing and journaling about others' experiences.

4. Reduce Distractions

Create an environment conducive to listening by:

- Turning off notifications and electronic devices
- Choosing a quiet, comfortable space
- Giving full attention without multitasking

5. Practice Patience and Silence

Allow pauses in conversation to give space for reflection. Silence can encourage the speaker to share more deeply and reveals your attentiveness.

Applying Listening Skills in Different Contexts

1. Personal Relationships

Effective listening nurtures intimacy and understanding. To improve your personal connections:

- Make eye contact
- Listen without interrupting
- Show genuine interest in your loved ones' feelings and thoughts

2. Professional Settings

In the workplace, listening enhances collaboration and leadership:

- Hold meetings with active listening protocols
- Provide undivided attention during discussions
- Clarify expectations and feedback through reflective listening

3. Conflict Resolution

Listening can de-escalate conflicts:

- Acknowledge the other person's feelings
- Restate their concerns to confirm understanding
- Seek mutually acceptable solutions

The Benefits of Mastering the Art of Listening

Mastering listening skills yields numerous advantages:

- Stronger personal relationships
- Increased emotional intelligence
- Better conflict management
- Greater empathy and compassion
- Enhanced learning and knowledge acquisition

Furthermore, it fosters a culture of respect and openness in communities and organizations.

Conclusion: Reclaiming the Lost Art

The second edition of "The Lost Art of Listening" serves as a vital reminder of the importance of developing and nurturing our listening abilities. In a world where everyone is eager to be heard, truly listening can set us apart, enabling us to connect more deeply, understand more profoundly, and respond more thoughtfully. By actively cultivating mindfulness, empathy, and patience, we can

reclaim this invaluable skill and transform our interactions into meaningful exchanges that enrich our lives and those around us.

Remember, listening is not just a passive activity?it is a deliberate act of love, respect, and curiosity. Embrace the challenge to become a better listener today, and experience the profound impact it can have on your personal and professional relationships.

The Lost Art of Listening Second Edition: How Lear Reclaims a Fundamental Human Skill

In an era dominated by rapid information exchange, constant notifications, and the relentless pace of digital communication, the art of listening has become increasingly marginalized. The phrase "the lost art of listening second edition: how Lear" encapsulates a critical reevaluation of a skill that is fundamental to human connection, understanding, and personal growth. This comprehensive review explores the core themes of the book, its relevance in contemporary society, and the ways in which it offers a blueprint for reclaiming genuine listening in our daily lives.

Introduction: Rediscovering an Essential Human Skill

Listening is often regarded as a passive activity, overshadowed by the more glamorous acts of speaking or sharing. Yet, as the authors of *The Lost Art of Listening Second Edition* argue, listening is an active, deliberate process crucial for effective communication, empathy, and conflict resolution. The second edition builds upon the foundations laid in the original work, emphasizing how modern societal shifts have further eroded this skill.

The book's core premise is that listening is not merely hearing words, but engaging fully with another person's thoughts, emotions, and intentions. Lear, the central figure of the analysis, exemplifies the transformative power of attentive listening, illustrating how this skill can foster understanding and healing.

The Historical Context and Evolution of Listening

Listening Through the Ages

Historically, listening was regarded as a virtue, integral to oral traditions, storytelling, and spiritual practices. In many indigenous cultures, listening was an active ritual?an act of respect and community-building. Conversely, the advent of written language, printing presses, and eventually mass media shifted focus from interpersonal listening to one-way communication.

The Digital Disruption

The rise of digital communication platforms?social media, instant messaging, and video

conferencing?has transformed how we listen. The immediacy and fragmentation of information often encourage superficial engagement, where listening becomes a passive or distracted activity. Notifications, multitasking, and information overload further diminish our capacity for deep, attentive listening.

The Core Principles of Listening in The Lost Art of Listening Second Edition

The book emphasizes several foundational principles that underpin effective listening:

- Presence: Being fully attentive to the speaker without distractions.
- Empathy: Understanding and sharing the feelings behind the words.
- Patience: Allowing the speaker to express themselves fully without interruption.
- Non-judgment: Listening without immediate evaluation or criticism.
- Reflection: Clarifying and summarizing to ensure understanding.

Lear?s methodology advocates for cultivating these qualities through deliberate practice, mindfulness, and emotional regulation.

The Role of Lear in Reclaiming Listening

The figure of Lear?drawing parallels to Shakespeare?s tragic king?serves as a metaphor for the human condition. Lear?s downfall, rooted in poor listening and lack of understanding, underscores the importance of attentive engagement. The book explores how Lear?s failure to listen to his daughters? true intentions exemplifies what happens when listening is neglected.

Lear?s journey from hubris to humility mirrors the process individuals must undergo to restore this vital skill. The narrative underscores that listening is an active choice that requires humility, openness, and vulnerability.

Challenges to Effective Listening in Modern Society

The Distraction Epidemic

Smartphones and digital devices fragment attention spans, making sustained listening difficult. Multitasking during conversations leads to superficial engagement, misinterpretations, and emotional disconnect.

Preconceived Notions and Cognitive Biases

Prejudgments, stereotypes, and biases often interfere with genuine listening. People tend to listen selectively, hearing only what confirms their existing beliefs.

Emotional Barriers

Fear, defensiveness, or emotional reactivity can hinder open listening. When individuals feel threatened or misunderstood, they may tune out or respond defensively.

Cultural and Societal Norms

In some cultures, listening is undervalued compared to speaking or asserting authority. Power dynamics can also suppress honest, empathetic listening in hierarchical settings.

Strategies for Relearning and Practicing Artful Listening

The second edition offers practical techniques for developing listening skills:

- Mindfulness Meditation: Enhances present-moment awareness, reducing distractions.
- Active Listening Exercises: Such as paraphrasing, summarizing, and asking open-ended questions.
- Creating Listening Environments: Designating 'quiet zones' free from interruptions.
- Reflective Journaling: Recording listening experiences to identify patterns and growth areas.
- Empathy Development: Engaging in perspective-taking activities.

Furthermore, the book advocates for integrating listening exercises into daily routines, workplaces, and educational settings to foster a culture that values and practices attentive listening.

The Impact of Effective Listening

When practiced earnestly, effective listening leads to numerous benefits:

- Enhanced Relationships: Deeper connection with partners, family, and colleagues.
- Conflict Resolution: Understanding underlying issues reduces hostility and promotes cooperation.
- Personal Growth: Self-awareness increases as one becomes more attuned to others' perspectives.
- Community Building: Strengthens social cohesion and trust.
- Professional Success: Improves leadership, negotiation, and teamwork skills.

The authors provide compelling case studies illustrating these outcomes, reinforcing that listening is an essential professional and personal competency.

Critical Perspectives and Limitations

While *The Lost Art of Listening Second Edition* offers valuable insights, some critics argue that its principles may be idealistic or challenging to implement consistently amid societal pressures. The emphasis on mindfulness and patience may be difficult for individuals in fast-paced environments or those dealing with trauma.

Additionally, the book could benefit from integrating more diverse cultural perspectives on listening, recognizing that communication norms vary globally. Nonetheless, its core message remains universally applicable.

Conclusion: Reclaiming Humanity Through Listening

In a world where noise and haste threaten to drown out genuine human connection, *The Lost Art of Listening Second Edition* serves as a vital reminder of the transformative power of attentive presence. Lear's insights demonstrate that listening is not a passive act but an active, courageous choice—one that fosters understanding, healing, and shared humanity.

Reclaiming this skill requires conscious effort and societal support, but the rewards—deeper relationships, conflict resolution, and personal fulfillment—are well worth the effort. As we navigate the complexities of modern life, rediscovering the lost art of listening may be the most profound act of rebellion—and the most necessary step toward a more empathetic and connected world.

QuestionAnswer What are the main themes of 'The Lost Art of Listening, Second Edition' by Michael P. Nichols? The book emphasizes the importance of truly listening to others, understanding the barriers to effective listening, and developing skills to foster deeper connections and better communication. How does the second edition of 'The Lost Art of Listening' differ from the first? The second edition includes updated research, new insights into the psychology of listening, and practical techniques to enhance listening skills in various contexts. Why is active listening considered a vital skill in personal and professional relationships? Active listening helps to build trust, reduce misunderstandings, and create stronger, more empathetic connections with others. What are common barriers to effective listening discussed in the book? Barriers include distractions, prejudgments, emotional reactions, and the tendency to focus on fixing problems rather than truly understanding. Can the techniques from 'The Lost Art of Listening' be applied in conflict resolution? Yes, the book provides strategies that help de-escalate conflicts by fostering understanding and encouraging open, empathetic dialogue. How does the book address listening in the digital age? It highlights challenges posed by technology, such as multitasking and superficial interactions, and offers tips for mindful, focused listening in a digital world. What role does empathy play in effective

listening according to Nichols? Empathy is central; it involves truly trying to understand the speaker's feelings and perspectives, which enhances communication and connection. Are there practical exercises included in the second edition to improve listening skills? Yes, the book offers various exercises and scenarios to practice active listening and overcome common listening barriers. Why is listening considered a 'lost art,' and how does the book propose to revive it? Listening is called a 'lost art' because many people overlook its importance amidst busy lives. The book advocates for mindful practice, patience, and intentional engagement to revive this essential skill.

Related keywords: listening skills, active listening, communication skills, effective listening, auditory skills, interpersonal communication, listening techniques, sound perception, listening comprehension, communication improvement

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